



**Cornwall - Perfect for Fishing Holidays!**



Rock Fishing at Crantock



Fishing in Cornwall

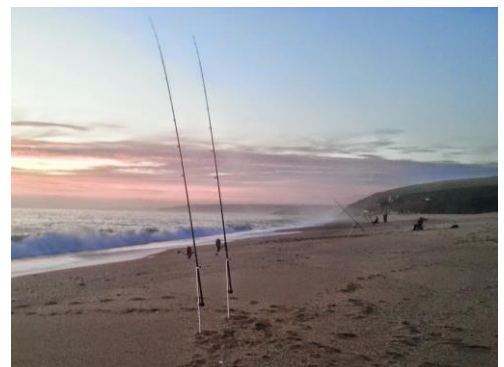
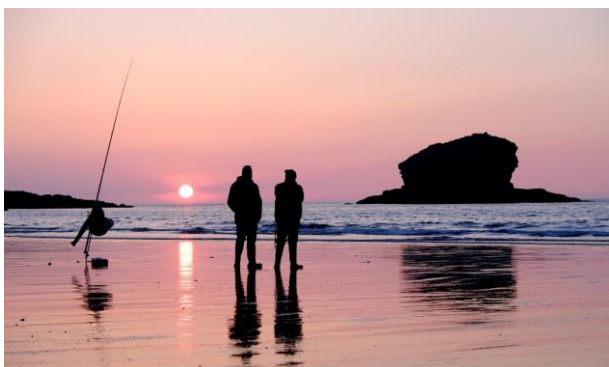
**Fishing in Cornwall.**

Cornwall is a wonderful county which offers so much. If you are a keen angler, then this is a fantastic county to visit. It doesn't matter if you prefer Coarse Fishing, Fly Fishing, Beach Fishing or Rock Fishing, Cornwall offers it all.

Why not take a trip down to Cornwall and enjoy the fresh air, great scenery and your favourite pastime?

We hope to see you soon.

The Cornish Holiday Team – Alec and Helen



Beach Fishing in Cornwall

## Cornwall is a great place to get hooked

Fishing has enjoyed a long history in Cornwall and remains central to local culture. The sport of fishing naturally slows your body down and lets you unwind - it's just a bonus if you are lucky enough to bag some fine fish on the end of your line.

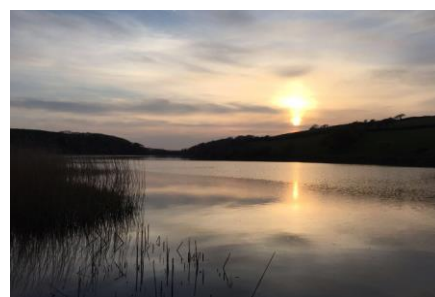
Take some tips from local fishermen before you pick your spot, but whether you choose a rocky outcrop or bob off the coast on board a traditional fishing boat, you can cast away your worries and appreciate the waterlogged landscape as you wait for your dinner to snag its bait. If coarse fishing is more your bag, then Cornwall has plenty of superb, well-stocked lakes around the county.

Credit: Visit Cornwall.

Here is a map of the different places to fish in Cornwall.



Mawgan Porth Pools & Lakes.



Porth Reservoir

## SEA FISHING ALONG THE NORTH CORNWALL COAST

### Rock Fishing

There are many places where good rock fishing can be found on the North Cornish Coast, with an abundance of different species for the keen angler. Ray and Turbot can be caught at **Trenance** and **Trevoise** where good quality Pollock, Mackerel, Wrasse, Garfish, Plaice, Dabs and Conger can also be found. **Park Head** is well known for a wonderful variety including Gurnard, Ray, Pollock and Wrasse. **Rumps Point** to the east of Padstow for Gurnard, Ray, Pollock and Wrasse. Daymer Bay and the wave cut platforms at Pentire are both good but require caution. **Godrevy Point** offers Mackerel, Pollock and Wrasse, which are also **Navax Point**. Rumps Point at **St Agnes** is good for Gurnard, Ray, Plaice and Dabs.

### Beach Fishing / Beach Casting

It should be noted that in summer the beaches are very popular with bathers and holidaymakers so the beach you intend to fish along with the time should be chosen with some care.

The **Bude breakwater** and **Crackington Haven** are good for Flat Fish, Mackerel, Whiting and Dogfish.

Widemouth Bay also offers good fishing.

**Crooklets, Maer** and **Northcott Mouth** are good beaches fished at two hours before low water and on the incoming tide, mostly for Skate and Flatfish.

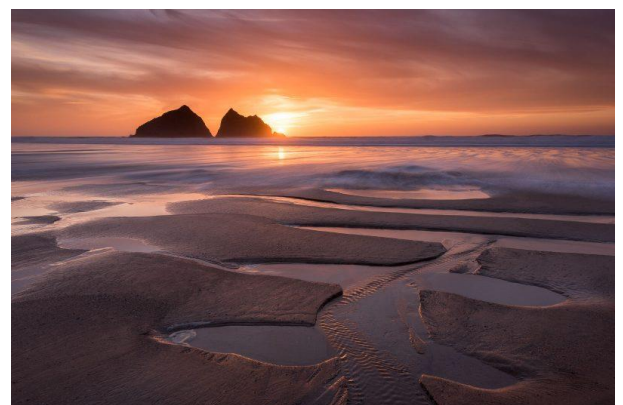
**Perranporth** offers several miles of good beach for all Flatfish as does **Holywell Bay** and **Crantock**. **Watergate Bay** is fine for Ray, Turbot and Plaice as is Mawgan Porth and Constantine.

Beware of weed which is sometimes brought onto Portreath and St Agnes. Chapel Porth is good for Ray and Turbot with other beaches providing Plaice, Dab and Flounder. Perranporth Beach is also popular with holidaymakers so avoid busy times: late evenings and early mornings will give excellent sport.

Sea Fishing The North Coast has an abundance of charter boats available, particularly in Padstow, Port Isaac and Newquay.



Crantock Beach



Holywell Bay



## River Game & Stillwater Trout Fishing

Brown Trout, Grayling, and the occasional Dace can be taken by fly on the Upper Tamar between Kingford Mill and Bridgerule. Salmon, Sea Trout and Brown Trout on the Rivers Tamar, Ottery, Inny and Carey. Permits can be obtained from The Fishing Department and **Homeleigh Garden Centre** at Dutson near Launceston.

**Crowdy Reservoir** is good for budget fishing for Rainbow and Brown Trout.

**Bodmin** is the centre for Salmon, Sea Trout and Brown Trout on the River Camel.

**The River Fowey**, 2 miles at Lanhydrock, for Salmon and Sea Trout from 1st April to 30th Sept.

Salmon, Sea Trout and Brown Trout from the **East and West Looe Rivers** (also Rivers Fowey, Lynher, Inny, Seaton and Camel) from 1st April to 15th Dec.

Salmon, Sea Trout and Brown Trout on the River Fowey from 1st April to 15th December.

Salmon, Sea Trout and Brown Trout on the **River Inny**, near **Launceston** from 1st March to 14th October. Early and late are the best times in the season for Salmon with Sea Trout in the middle months.

**Lower Tamar Lake** and **Crowdy** are no longer trout fisheries. Lower Tamar lake is now coarse fishing and Crowdy is free fishing to anyone for Trout as its not stocked with fish anymore.

## Innis Fly Fishery



Innis Fly Fishery, Innis Moor, Penwithick, St Austell. [www.innisflyfishery.co.uk](http://www.innisflyfishery.co.uk)

Innis Fly Fishery is located in the heart of the Cornish countryside close to the Eden Project. Three mature lakes stocked weekly with home grown hard fighting Rainbow Trout. Innis Fly Fishery caters for all standards of game anglers from the complete novice to the top competition fly fisherman, this surely has to be one of Cornwall's premier fly fishing venues and a must visit for any angler whether local or on holiday. The lakes are open from 8am until dusk with good access for both able and disabled fishermen alike.

## Coarse Fishing in North Cornwall

**White Acres Coarse Fishery**, White Cross, Newquay. There are 15 lakes covering more than 36 acres offering the best variety of coarse fishing in the country. The lakes are fed by natural springs and provide a superb fishing habitat, surrounded by spectacular parkland and woods.

**Upper Tamar Lake**, Kilkhampton offers 81 acres stocked with Rudd, Carp, Tench, Bream and Dace. Open all the year, day and night tickets are available.

**Bude Canal** has Roach, Rudd, Dace, Perch, Tench, Carp and Bream.

**Dutson Water**, 1.5 miles north of Launceston on the A388, for Mirror, Common (many doubles), Crucian, Tench, Bream, Golden Orfe, Rudd, etc. No ground bait. Parking and toilets adjacent to lake.

**Tredidon Barton Lake**, 5 miles west of Launceston on A395 for two well stocked lakes with Carp, Tench, Roach, Bream and Ghost Carp.

**No Tackle Required** - Perranporth and Newquay – No tackle Required offers all-inclusive coarse fishing days where all equipment, licences, lake fees and technical support are part of the package. All you have to do is bring yourself and for a single daily charge they will do the rest. They cater for individuals, family and party groups as well as office and corporate outings.

**Bolingey Lake**, near Perranporth. 4 acres of coarse fishing for Carp, Tench, Roach, Perch and Eels from 1 hour before sunset to 1 hour after. No close season.

**Trevella Park**, Crantock. Two on-site coarse fishing lakes of 1 and 3 acres and another 1.5 acre lake nearby.

**Porth Reservoir**, near Newquay. 40 acres stocked with Bream, Rudd, Tench and Carp. Season open all year (24 hours). Self-service permits in car park.

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**Mawgan Porth Pools Lake**. Set in a small seaside village, to the north of Newquay, Cornwall. The Lakes have wooden platforms with paths which lead to & from the car parking area, so that whatever age or disability, you and your loves ones will be able to enjoy the peace & beauty of the countryside. The coarse fishing Lakes are natural and very beautiful, the wildlife is in abundance, there are turquoise blue King Fishers & elegant Herons. Day tickets are £6.00, they open from 7.30 in the morning until dusk, they also hire equipment. The Lake is stocked with Carp, Tench, Bream, Blue & Golden Orfe. Contact 01637 860770 for satnavs TR84B

### Come and see for yourself

At Cornish Holiday we not only try to offer, warm, clean welcoming self-catering accommodation, but help give a wonderful experience by teaming up with local organisations and attractions. We want you to go home with wonderful memories which will last for ever.