

A few ideas for a week around Hengar Manor

Day One

Arrive and unpack, have a good explore around the site and perhaps go for a swim or book up to have a meal in the restaurant to help your holiday get off to a good start. Please check with reception for opening times and if booking is required.



Day Two

Why not go sightseeing and take in the beautiful coastline whilst visiting the famous Tintagel Castle. While you're there make sure to pay a visit to Tintagel post office or take a walk around Barras Nose a lovely walk around the Tintagel headland.



Gallos Statue on Tintagel head



The Post Office - Tintagel



Tintagel Castle

Day Three

If you're looking for a fun filled family day head over to Camel Creek Adventure Park, just a short journey on from Wadebridge. A day to enjoy whatever the weather with rides and attractions along with a whole host of animals to enjoy. It's great for all the family but remember to take a change of clothes as those water rides will leave you soaking!



Joe Swash at Camel Creek

Day Four

If you've got bikes with you why not try cycling some or all of the Camel Trail. Just 1.2 miles from Hengar you'll find the start of the trail at Wenford Bridge. There is a small car park here and if you didn't bring your own bikes you can always hire them from the Snails Pace Café. If you just want to walk the trail you can choose where you want to get to, it's great to do in stages so why not try Wenford Bridge to Bodmin or Wadebridge. If you're feeling really energetic you could go all the way to Padstow, but don't forget you need to plan on getting back too!



Cycle or walk the Camel Trail and enjoy the Camel estuary.



After a good walk or cycle you could always spend some time around the park and play a round of Pitch and Putt or Crazy Golf, maybe Tennis is more your thing. Or if you're feeling brave you could always try tackling the escape room "The Cellar".

The options are all there but remember you may need to book so best to check with reception.



Crazy Golf



Pitch & Putt



Escape from The Cellar

Day Five

How about taking in some of the nearby Beaches, there are plenty of options that are great for family days out. Rock is a very popular beach along with Daymer Bay and also Polzeath. Spend hours rock pooling, surfing or just relaxing. You can always catch the ferry from Rock to Padstow to explore, it runs every 20 minutes.



Daymer Bay



Polzeath



Rock

Day Six

Why not pay a visit to the famous bio-domes at the Eden Project near St Austell. Home to not only some amazing plant life but also England's longest zip wire covering 660 meters and travelling up to 60 mph. If you don't fancy it yourself you could always just watch from the ground.



Day Seven

After packing the car why not take a detour before heading home and take a walk on Bodmin Moor, take in the beautiful scenery or perhaps enjoy a picnic.



If you fancy something a little more energetic why not visit Adrenaline Quarry near Liskeard, test your fears with a zip wire, coasteering or just enjoy the Aquapark on the lake. Adventure is out there if you're brave enough.



We hope you have an enjoyable stay and these are just some suggestions to help you have a wonderful time.